





Proofreading Declaration

I, Isabele Maria Nunes Lavado, born in London in the United Kingdom, bearer of the Portuguese Identity card number 12771912, declare under penalty that I understand the English language; that I hold a degree in Law and Marketing from (Leicester Polytechnic) De Montfort University in Leicester; and I am currently teaching at the Polytechnic Institute in Castelo Branco as an English language teacher and researcher in academic English and English for specific purposes, and I am providing this service for the CILCE- Centro Interdisciplinar de Línguas, Culturas e Educação of the Polytechnic Institute of Castelo Branco; and having over 15 years' experience of translation into English, interpreting and correction of texts in English of a legal, academic, narrative and scientific nature, as well as over 25 years' experience in teaching English, I have made alterations to the original document sent to me. These alterations are of a language and grammatical nature. Also known as proofreading.

Any language or grammatical alterations made to the document after the 25th of March 2019 are not my responsibility.

Title: Pre-Competitive Anxiety: A comparative study between "Under 12" and Senior teams in football.

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