

Socio-educational strategies and benefits in Basic Vocational Education and Training: The case of the Basque Country

Estrategias socioeducativas y beneficios en la Formación Profesional Básica: el caso del País Vasco

<https://doi.org/10.4438/1988-592X-RE-2025-409-690>

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Abstract

This article seeks to identify the benefits derived from students' experiences in Basic Vocational Education and Training (Basic VET) and to analyse the socio-educational strategies that make it possible to attain these benefits. The study draws on the perspectives of 132 people (students, family members, educational staff, and leadership teams) collected through 17 focus groups (six face-to-face and 11 online) in 12 centres across the Basque

Country. The results show that students' experiences are not only limited to academic gains but also influence personal and familial domains, as well as relationships with peers and other adults. By creating positive experiences, the educational team fosters an environment where students and their families feel protected and welcomed. The results of this research underscore the importance of training in socio-educational strategies for future education professionals, particularly in Basic VET.

Keywords: basic vocational education and training, early school leaving, social inclusion, teaching staff, families.

Resumen

El presente artículo busca identificar beneficios de la experiencia como estudiante en la Formación Profesional Básica (FPB), así como analizar las estrategias socioeducativas que permiten alcanzar dichos beneficios. Se han analizado los discursos de 132 personas (estudiantado, familiares, equipo educativo y directivos) a través de 17 grupos de discusión (6 presencial y 11 online) en 12 centros del País Vasco. Los resultados muestran cómo la experiencia no sólo se limita a beneficios académicos, sino que trasciende a ámbitos personales, familiares, de iguales y de relación con otras personas adultas. Esto es posible debido al diseño de experiencias positivas por parte del equipo educativo que generan entornos donde el estudiantado y sus familias se sienten protegidos y “re-cogidos”. Los resultados de esta investigación profundizan en la importancia de la formación en estrategias socioeducativas de futuros profesionales de la educación, especialmente de la FPB.

Palabra clave: Formación Profesional Básica, Abandono Escolar, Inclusión social, profesorado, familias.

Introduction

Unlike the early 20th century, when attending school almost always guaranteed employment and social integration, today it primarily serves to acquire core citizenship competences and basic training to be able to pursue different specialised pathways. The experience and development of these citizenship competences may be hindered depending on students' engagement with the training offered, which is conditioned by the prevailing educational models in schools (Tarabini et al., 2019). In this regard, the proliferation of international studies on early school leaving highlights the challenge faced by the cur-

rent education system to guarantee quality and equal opportunities for learning and growth. The phenomena of school failure and early school leaving are influenced by multiple factors, including endogenous dimensions (personal and relational) and exogenous (structural and institutional) (Romero & Hernández, 2019, p. 268), which hamper personal and professional development in terms of access and participation, as well as impeding social mobility (Morentin-Encina & Ballesteros, 2020; Santibáñez et al., 2024). In Spain, the percentage of early school leavers in 2023 was 13.6%. While the data has been improving over the years (down 0.3 percentage points compared to 2022, at 13.9%, and 10.0 points compared to 2013), and the gap with the EU has also been decreasing (4% in 2022) (Ministerio de Educación, Formación Profesional y Deporte del Gobierno de España, 2024), the education system continues to implement reforms and modifications in education to mitigate early school leaving.

Since the 1980s, various laws have been passed with each proposing different programmes that seek to alleviate the issue of early school leaving and school failure in diverse ways: from the Social Guarantee Programmes, which were replaced by the Initial Vocational Qualification Programmes and later by Basic Vocational Education and Training (Basic VET) or Basic Level in Vocational Training. These legislative changes are aimed at improving the educational needs of the most vulnerable groups in order to avoid potential segregation. Concerning VET, a notable milestone of the current Spanish education law, LOMLOE, was its incorporation into the general education system, which in turn allowed for specific adjustments and adaptations to VET (Santibáñez et al., 2024). However, the recent report published by EUROCHILD (2024) reminds us that these measures are still ineffective.

As described in previous works (Piñero et al., 2024), Basic Vocational Education and Training (Basic VET) programmes are designed for students between 15 and 17 years of age who, having completed the third year of Compulsory Secondary Education or, in exceptional cases, the second year, are at risk of school failure or have already failed. These programmes are developed over two academic years and are aimed at those students who have not yet completed Lower Secondary Education and wish to continue their compulsory education free of charge. At the end of this programme, students can obtain

the Basic Professional Technician certificate, which facilitates access to intermediate vocational training. Moreover, by taking the final assessment test, they also have the chance to obtain the Compulsory Secondary School qualification, which allows them to continue in the education system and return to it at the end of the programme (Aramendi & Etxebarria, 2021; EUSTAT, 2024; Sarceda-Gorgoso & Barreira-Cerqueiras, 2021).

The purpose of these models is to rethink the curricula that cater to this diverse population that has been left out of the mainstream education system, addressing issues related to the inequality or discrimination they suffer in their educational pathway, seeking to overcome the individualistic perspective rooted in school failure, which reflects a *deficit paradigm* by placing the blame on students. To this end, they take *ad hoc* measures that prioritise the uniqueness of learners (Fernández-García et al., 2019; Santibáñez et al., 2024) and apply a systemic perspective that tackles the problem from a holistic, multidimensional approach (Aramendi et al., 2022; Aramendi & Etxebarria, 2021) or through a multifaceted lens (Echeita, 2019). Also stressed is the importance of cooperation among educational, economic, and social institutions to support the real integration of young people in society and the labour market (Aramendi et al., 2018).

A number of VET students are characterised by their negative educational experiences, high levels of demotivation, low self-esteem, aversion to learning, insecure behaviour and, in some cases, non-cohesive family environments (Fundación Tomillo, 2022). Similarly, there is a problematic use of free time, issues with discipline, emotional and social deficiencies (Aramendi et al., 2022), isolation, and low job expectations and lack of opportunities (Fernández-García et al., 2019), all of which ultimately have an impact on access to rights such as employment and housing (Martínez-Carmona et al., 2024; Sarceda et al., 2017).

Given that several studies have underlined the key role teachers play in students' academic school success and social inclusion (Aramendi et al., 2022; Aramendi & Etxebarria, 2021; Gagnon & Dubeau, 2023; Miesera & Gebhardt, 2018; Van Middelkoop et al, 2017; Viniegra-Velazquez, 2021), it is essential to address the evolving professional profile that is required to ensure that the change in the methodological paradigm, which is more fo-

cused on socio-emotional and competence development (Sánchez-Bolívar et al., 2023), is real and successful. In this sense, teachers who are sensitive to diversity (Aramendi et al., 2018) act as a safeguard by motivating learners to study, building relationships of closeness and trust with students, fostering confidence, and facilitating the possibility of family commitment and engagement (Salvà et al., 2024). The recent CaixaBank report on dropout in VET (Salvà et al., 2024) includes various studies that confirm and support this idea. Thus, when there are opportunities to develop positive relationships between teachers and students, and among peers, the feeling of belonging and commitment to school increases, both inside and outside the centre (Salvà et al., 2024). In turn, there is a direct relationship between students' social skills and their commitment to the educational system when there are opportunities for joint student-teacher participation and involvement in issues related to the school's daily life (Salvà et al., 2024). Maintaining such a professional role can take an emotional toll on the educational team (Fix et al., 2020), even more so when the context lacks the necessary support or resources (Gagnon & Dubeau, 2023).

It is imperative to coordinate the various agents involved, since the three systems, family, peers and educational, foster students' self-concept as a mediating variable, which subsequently has a direct impact on school engagement (Ramos-Díaz et al., 2016, p.349). From a systemic perspective (Bronfenbrenner, 1992), the school's responsibility extends beyond the microsystem, incorporating elements belonging to the mesosystem, in order to improve the students' interactions with their closest environment, especially with their families (Sureda-García et al., 2021). Research has shown that positive collaboration between schools and families has a direct impact not only on students' academic achievements at an emotional and social level, particularly in those who may be in a situation of social exclusion (Gálvez, 2020), but also on the improvement of skills, school engagement, and student behaviour in terms of prosocial behaviour and emotional regulation (Antelm-Lanzat et al., 2018). Various studies point to the importance of providing families with the chance to become highly involved and participants, given its effects on factors such as early school leaving and better academic performance (Hernández-Prados et al., 2023).

Method

This article seeks to identify the benefits derived from students' experiences in Basic VET and to analyse the socio-educational strategies that make it possible to attain these benefits. The research questions that have guided the analysis have been the following: What benefits are perceived by the different agents involved in the Basic VET model, and how do they experience these benefits? What happens within these spaces? How are different situations addressed? The aim is to contribute to current debates on socio-educational practices in the context of Basic VET.

A qualitative approach was selected because of its comprehensive nature, which offers a set of tools and perspectives that are fundamental to gaining insight into the complexity of social phenomena. Conceptualising and exploring phenomena such as positive experiences requires an approach that captures the richness of narratives and interactions, and the process of category description emerges as an essential tool for organising and analysing qualitative data in a systematic way (Flick, 2014).

Sample

A convenience sample was collected from the VET centres invited to take part once the project had been explained. The decision to use a convenience sample in the selection of the participating VET Centres was based on practical and logistical considerations. Due to the exploratory nature of the study and its objective to gain an in-depth understanding of the dynamics and benefits experienced by the different educational agents in VET, priority was given to accessing centres that were willing to participate and reflected the territorial diversity of the Basque Country (Bizkaia, Gipuzkoa, and Araba).

Recognising the limitations of convenience sampling, this approach allowed for the inclusion of a variety of perspectives from students, families, teaching staff, and leadership teams, thus enriching the data collected. The

groups provided a setting for generating rich and detailed data, which contributes to a deeper understanding of the subject. As highlighted by Morgan (1997), group interaction in focus groups facilitates access to the complexity of opinions and experiences, even when the sample is non-probabilistic.

The sample was selected according to territorial criteria (three provinces) and the inclusion of educational actors in Basic VET programmes (students, families, teaching staff, and leadership teams). Thus, there were seven groups of students (three in Bizkaia, two in Gipuzkoa and two in Araba), six groups with families (two in Bizkaia, two in Gipuzkoa, and two in Araba), three groups of teaching staff (one per province), and a group made up of members of leadership teams from all over the Basque Country. In total, 17 focus groups were held (six face-to-face and 11 online) in 12 centres in the Basque Country. Specifically, a total of 132 individuals participated.

Instrument

Focus groups were used to obtain detailed information about participants' experiences, perceptions, and opinions (Barbour, 2011). The choice of the focus group methodology was primarily to promote interaction between participants, not only to gain a more complete understanding of good practice by contrasting different points of view, but also to identify shared definitions of what constitutes good practice in vocational education and training, as well as gathering new ideas and perspectives that emerged from the collective dialogue.

Focus groups stand out as spaces where interaction and dialogue allow access to the social construction of meanings. Guided by a moderator, these groups generate data by collectively exploring a topic, and their validity depends on careful planning, effective moderation, and a rigorous analysis of the information produced (Krueger & Casey, 2014). Thus, by bringing together those directly involved in VET (students, teaching staff, leadership teams, and families), the focus groups provided an authentic and contextualised view of good practices from different discursive positions (Burguera-Condón et al., 2021), which contributed to obtaining results applicable to the real context of VET, in addition to pinpointing concrete strategies that were perceived as

effective by the participants themselves.

The focus groups were carried out between January and May 2023, with the face-to-face groups conducted in the centres, while the online groups were used for participants from other centres. The sessions were recorded, prior to which participants were explained the purpose of the study and the conditions of participation, along with the ethical considerations related to confidentiality and data protection. After they had accepted and signed the informed consent form, the sessions were carried out, with the research team taking field notes throughout this process. The research was approved by the Ethics Committee of the University of Deusto (Ref:). ETK-51/21-22.

Procedure

The analysis presented here is based on the transcripts of the focus group recordings (17h and 30 min of audio), as well as the field notes taken by the research staff. To preserve confidentiality, testimonies are identified by initials.

All the material collected during the fieldwork was processed with the qualitative analysis programme *Atlas.ti* 24. Taking into account the research objectives and the relevant scientific literature, the analysis was undertaken by three researchers from the project team who conducted successive revisions of the assignment and selection of categories within the qualitative data through a deductive coding process. During this process, certain categories of analysis were reordered, and some emerging ones were also incorporated from the reading and re-reading of the texts. Phenomenological qualitative analysis was used to explore and understand the lived experiences of individuals in relation to good teaching practices in VET. Ultimately, the aim was to obtain rich and profound descriptions of participants' experiences, paying special attention to the context in which the experiences take place (Alvarado, 2023).

Finally, the analysis focused on the most relevant categories within the dimensions studied: a) perceived academic and personal benefits or those associated with peers and family members; and b) socio-educational strategies inside and outside the classroom.

TABLE 1. Main Categories and Subcategories of Analysis

Main Category	Subcategory	Approach	Description
Perceived Benefits	Academic	Etic	Improvements in performance and skills acquisition.
	Personal	Emic	Promotion of self-concept and self-esteem.
Socio-Educational Strategies	Welcoming	Emic/Etic	Creation of a supportive and safe environment.
	Flexibility	Etic	Adaptation of educational practices to the needs of students.
	Communication with Families	Emic	Development of collaborative relationships with families.

Source: Compiled by the authors

The analysis of the qualitative data was undertaken through an iterative process combining *etic* and *emic* approaches (Flick, 2014). Initially, *etic* categories derived from existing literature on early school leaving and socio-educational strategies were used to guide the first phase of coding. However, as the participants' testimonies deepened, *emic* categories emerged that reflected their own experiences and perceptions, such as the importance of "feeling recognised" or "flexibility in support". The constant interaction between the two approaches made it possible to refine the initial categories and build a richer and more contextualised framework of analysis. Thus, successive readings were carried out to compare and agree on the identified categories (Bryman, 2012), and reliability was enhanced through intercoder agreement tests among the researchers themselves.

This process of triangulation between theory and participants' voices strengthened the validity of the findings and contributed to a deeper understanding of socio-educational dynamics in Basic VET.

Limitations

Although this study provides valuable information on socio-educational experiences and strategies in Basic VET within the specific context of the Basque Country, there are certain limitations when it comes to generalising the results directly to other contexts. At the outset, it should be noted that in the qualitative approach, the sample is not necessarily defined in terms of statistical representativeness but rather as a strategic selection of participants or informants who can provide valuable insights and richness to the data (Patton, 2015). Therefore, the findings of this study should be interpreted within the limits of its specific context and with caution when extrapolating them to other educational settings. Factors such as regional education policies, the socio-economic characteristics of the student population, and the cultural particularities of each educational institution may influence the implementation and outcomes of socio-educational strategies.

In future research, it would be beneficial to explore the possibility of using probability samples that allow for greater generalisation of the results. Similarly, comparative studies between different regions or countries could provide richer insights by identifying similarities and differences in socio-educational practices and their impact on Basic VET students.

Despite these limitations, this study contributes valuable and in-depth knowledge on effective socio-educational strategies within the context of Basic VET in the Basque Country, which was the focus of the research funding, and can serve as a basis for developing more informed educational interventions and policies.

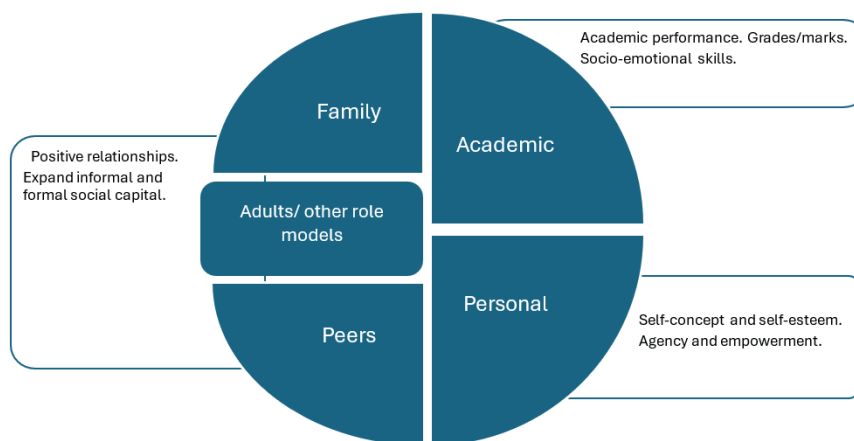
Results

This section is divided into two parts: benefits and socio-educational strategies conducive to achieving these benefits.

Benefits Derived from the Training Experience in Basic VET Centres

The analysis of the testimonies of the different groups, namely, the students, their families, the teaching staff, and leadership teams, point to the fact that socio-educational intervention in this context goes beyond improving academic performance. They highlight four major areas that, following the systems theory (Bronfenbrenner, 1992), are mutually reinforcing: academic, personal, reference adults, peers, and family. It is therefore regarded as a multidimensional, multifaceted, and holistic field of socio-educational intervention (Aramendi et al., 2022; Aramendi & Etxebarria, 2021; Echeita, 2019).

FIGURE I. Benefits derived from the training experience in Basic VET centres



Source: Compiled by the authors

In terms of academic benefits, while there is a debate about whether the demands are the same in comparison with formal education, it is widely agreed that grades/marks improve. Moreover, beyond the quantitative assessment itself, students gain socio-emotional skills that improve not only their technical level, but also school dynamics and the teaching-learning process (Sánchez-Bolívar et al., 2023). At the same time, objectively, it is observed that they begin to pass subjects and obtain high marks, which seems to posi-

tively influence their self-perception as students.

“I saw that my teachers were happy with me, something I never experienced at school. There, they marginalised you because you didn’t know and were more concerned with the intelligent ones. When I saw that the teachers were pleased with me, I also felt happy, especially because of the marks I got, which I never thought I could get.” (AL_BIZ1.)

However, in addition to academic benefits, all the groups, notably students and families, underline the personal impact. They are struck by the way in which the group of educators positions itself in relation to the group of students and their realities. When exploring the underlying reasons, the discourses reveal essential factors that contribute to a perceived improvement at a personal and systemic level. These include administrative irregularities, family and/or peer conflicts, as well as problems related to substance abuse and other addictions. The responses observed are adjusted to the students’ needs, taking into account the systems that interact in their lives. What they highlight most is their feeling of “becoming more mature”, in the sense of promoting development of agency (“I am capable, I have resources, and if I do not, I am capable of looking for alternatives”), participation, and empowerment (“my opinion matters, as do my actions, and my actions can have an impact at the community level”), consequently leading to greater well-being during a vulnerable and formative stage of life (Piñero et al., 2024).

“I can see that she’s happy and that she’s evolving and collaborating. It’s been a total transformative change.” (FAM_ARA1.)

“They not only teach you to be smart in mathematics, but also in things that can be used more in everyday life, like respect and empathy” (AL_BIZ1.)

The group of Basic VET students largely come from contexts where school authority figures in hierarchical positions, through their discourse and behaviour, assigned them negative *labels*, either for disruptive behaviour or, to a lesser extent, for academic difficulties. This label had a direct negative impact on their relationship with adults and peers. Within the context of Basic VET, there is an opportunity to turn this scenario around, allowing them to break away from the relationship patterns they have with adults. As for their relationships with their peers, they are of similar ages and come from similar backgrounds; however, these characteristics are not seen as something nega-

tive, but instead, time and space are provided so that these individuals can get to know one another through a positive lens. The dynamics generated at the centre foster interaction and the ability to share in ways that differ from their previous experiences, taking the relationship beyond the educational sphere. Thus, they are being given the chance to expand their social capital, both through formal relationships with the centre's professional team and through informal interactions with their peers.

"Here, almost everyone is my age. When I repeated a year, I was with classmates two years younger, and we didn't have much in common. I didn't meet up with them at the weekend, but I do here." (AL_ARA1.)

"People here are very different. Being in the same centre studying the same thing, which is something you have chosen, means you can have something in common with the rest of your classmates." (AL_ARA1.)

Similarly, family relationships tend to improve, which could be attributed to the positive feelings perceived in the aforementioned systems; they feel "less on guard" and "safer", due to the two-way relationship created by the school, marked by closeness, flexibility, accessibility and opportunities for involvement. The family's own support, and the support of their peers, foster students' self-concept, improving their academic performance and well-being (Ramos-Díaz et al., 2016).

"In secondary school, when you got home, your parents would be silent or worried because you were doing badly. Now that worry is gone, things are better at home and, overall, so is everything else." (AL_ARA3.)

"I no longer have to argue with him at home about anything. In the past, he didn't even want to study, and there were problems, what with the computer and everything; we even took him to a psychologist to help us with how to..." (FA_ARA2.)

Acknowledging the idea that well-designed and well-organised Basic VET is a guarantee of social and labour market insertion (Aramendi et al., 2018) for an at-risk group that could end up increasing the percentage of the population with difficulties and even the number of people at risk of social exclusion, brings to the fore the need to delve deeper into the successful socio-educational methodologies, methods, and strategies being implemented on a daily basis by professionals in their centres and the community. How are

the previously mentioned benefits achieved? In other words, what underlies the success of this model?

Socio-educational strategies to promote protective educational spaces

This research is grounded in the approach that citizenship, both the experience and construction of it, which is a holistic experience, understood as an educational process that accompanies individuals throughout their life course, encompasses formal, non-formal, and informal education, transcending the standardised and formal curriculum (Gil-Jaurena et al., 2016). Today, although we are witnessing a neoliberal wave across the globe, international organisations such as the United Nations and the Council of Europe continue to advocate for democratic societies. This approach to fairer and more democratic societies draws on the Aristotelian conception of the individual as a free and autonomous citizen, freedom being the fundamental principle of democracy. Based on Arendt's thesis on freedom and responsibility (Arendt, 1997), in which both are deemed essential aspects to the human condition, it seems pertinent to consider the appropriateness of the concept *flexibility* (present in current legislation), especially if the objective is to encourage, motivate, and guide learners' cognitive agency on the road to freedom. In other words, flexibility makes it possible to redefine the educational experience.

"What always comes first is a rupture with what they've experienced up until then in their education." (FOCUS_P_BIZI.)

"We don't consider education solely as something academic, but rather as a process in which we accompany these young people in all the vital stages they are going through in their lives. Because we are aware that if we don't offer some support regarding their environment and the reality that affects them, their performance and the training process itself will likely take a backseat in terms of importance for them. A global vision is essential and one that has been studied and analysed by the team, to guide us in navigating these processes, as we mustn't get lost in them. Ultimately, it's not the objective, but the process itself that we have to support." (D1.)

Engagement is part of a process related to factors such as interest in the subject and decision-making capacity. The starting point can be found in the curricular structure defined by legislation. Specifically, in the composition of theoretical class hours and practical class hours, the latter of which is carried out through workshops where they develop and improve the skills necessary for entering the labour market. This particular structure is highly valued by all the agents in the focus groups as it fosters an intrinsic motivation to participate because they find meaning in what they do and feel useful. From a pedagogical point of view, this resource is used as a way of creating a link with the theoretical classes, both in terms of content and training to develop responsibility. They are thus committed to the comprehensive development of students (Aramendi & Etxebarria, 2021), with the goal of increasing the personal and social resources needed to succeed in society.

“I wake up happy because I have a workshop, otherwise I wouldn’t even come to class. At secondary school, I didn’t feel like getting up and I’d go in without wanting to. It made me lazy.” (AL_ARA3.)

“Being able to coordinate effectively with the rest of the educational team (...) I go down to the boat workshop and I ask them, ‘Hey, what are you doing?’ And then we think about what we’re going to do in maths to reinforce this, and we work on a shared project... They see that what they learned in the classroom is also relevant in the workshop, and therefore, it will be significant when applied in practical settings and later on, in real life.” (FOCUS_P_BIZ1.)

There is also an emotional component mediated by the desire to belong to a group (Pahl, 2019). Upon entering the classroom, the teacher disregards the classic structure. The first step is to ignite and sustain the students’ motivation, which they do through emotional connection and bonding. By implementing this strategy, they seek to create a meeting space where individuals feel comfortable, allowing relationships of trust to be built among peers and with adults, which is crucial for participation and engagement (Fonseca & Maiztegui-Oñate, 2017). In terms of content, although they have a curriculum that serves as a guideline, it is not the primary focus; instead, they first take into account the interests of the group through symbolic and critical paradigms, collaboratively building from that base. In this process, the closer

they get to the students' realities, the greater their success.

"Sometimes you walk in, and you start talking because you see there are conversations going on, you hear people talking, and from those conversations, you end up steering them towards the work you have to do. The reason for motivation is more personal and emotional rather than academic." (FOCUS_P_BIZ2.)

Interest in the subject, motivation to attend, and continued engagement with the centre primarily depends on the willingness of the teaching staff to build an ongoing relationship, where the task itself is not the final objective, but rather respecting a student's time, listening, and proposing any topics without judgement are prioritised (Fonseca, et al., 2023). This approach involves personal and individualised support for learning, where educators conduct diagnostic assessments (through tutorials, observation, and coordination) to enhance the skills of each student.

"I tell the teacher, and she makes an effort. I can see her willingness to explain things to me, and if I don't succeed, she'll try again and will explain until I understand." (AL_GIP1.)

"Once I've got you interested and established a bond, I have to challenge you. But I have to know how far I can push you because some break under such pressure, while others can be pushed harder. But that's where you have to adapt to each one. You have to have a very large antenna." (DI)

The intervention also includes a community component. In the learning spaces, students are positioned as sources of knowledge, with collaborative methodologies employed so that the experience is shared, and participation is put into practice through actions that allow them to have a voice. In this way, the true act of teaching, as advocated by Freire (2010), is approached, where the act of apprehending the content or cognitive object requires a prior or simultaneous process, with which the learner also becomes a producer of the knowledge that was taught (p.143).

"That they cooperate with each other, that they change a bit the image they've had of a teacher until now and that it's good for them to feel they can relate to what is being asked of them. What we're saying is relevant for them at a personal and educational level, fostering a sense of closeness that they've not had until now." (FOCUS_P_BIZ1.)

“I’ve always been in schools where all the students were native. And when I came here, there were people from all over the world, and I learned more about cultures than in history classes.” (AL_BIZ2.)

While it is true that knowledge is assessed in the same way as in secondary education, it seems that the level of rigour is lower, placing greater emphasis on other acquired skills. This type of assessment has led to controversy among professionals. For some, this “discredits” the Basic VET model. For others, and in line with the findings of Sureda-García, et al. (2021), the fact of focusing less on their weaker competences and prioritising others, encouraging and guiding them on what to do and how to develop the desired skills, facilitates the attainment of valuable behavioural, attitudinal, and cognitive outcomes.

“Attendance is also really important here, as well as exam assessment and everything related to marks. It’s not that they relax here, but they are given more freedom, and this freedom helps them to be more responsible.” (FA_ARA2.)

Coordination between the educational team and the support provided by the leadership team is a key strategy to ensure that the idea of flexibility does not equate to “loss of control”. In fact, flexibility is more aligned with authority than with a lack of authoritarianism since, from a horizontal position, it seeks to accompany, guide, and draw out students’ inner capacities, encouraging them towards their fulfilment (Viniestra-Velázquez, 2021). Furthermore, it involves consistent accompaniment through appropriate guidance, general support, positive messages, and setting boundaries, if necessary, which fosters not only a sense of psychological and emotional security but also a respectful and welcoming environment based on relationships of trust and support (Fonseca et al., 2023). Firstly, adults serve as a guarantee of protection, taking care of them, watching over them, and ensuring that possible problems that may arise between peers are solved peacefully. In terms of emotional security, the students point out that it is a space where they can be themselves without fearing the reaction of adults and peers. These are processes where students put themselves to the test, assessing the reach of educators, within a preconceived framework of their relationships with key adult figures. The process, the duration of which can be longer or shorter de-

pending on the students' background, takes on a more "peaceful" aura when they encounter responses that are different from what they are used to. They become aware of their new relationship, feeling that "they are not enemies", and that they will not be abandoned, allowing them to break free from old patterns. They mention the feeling of tranquillity when they work on personal or social aspects because they feel that they are listened to and respected. This study supports findings from previous research (Salvà et al., 2024) that illustrates that communication, emotional support, and the bond between teachers and students, characterised by these positive, close interactions and what is referred to as *being*, boosts confidence, commitment, and perseverance in students, while also fostering positive peer relationships and greater acceptance among their classmates (Sureda-García et al., 2021).

"It's important to establish a connection, and you need many personal characteristics, like empathy, listening skills, and patience, to be able to say, 'Look, you've judged me, and I've judged you. But I'm here, and let's see what happens.' We have to have people with a very specific profile, and not everyone has to be like that." (D2.)

Creating environments in which individuals can engage and take part, within a context of clearly established rules and boundaries, while fostering horizontal relationships, allows others to feel they are part of something (Fonseca et al., 2023).

"They put up with a lot from me. The first year was very difficult for me here. I found it hard to focus, although now people see me as being very focused. I had a few bad experiences with some teachers last year, really bad, and in the end, you learn that you can't behave that. But it isn't like in secondary school where because of one incident, you leave and that's it, you never come back and set foot in the school again. That doesn't happen here at all. Here, we talk about the problem, and they help you solve it. The first thing they ask you is, 'What's wrong? Are you okay? Is something going on—something personal?' They know that there's something behind it. And in the end, it impacts you because it's very different from all the other schools and that's cool, to be treated like this." (AL_GIP2.)

Providing support and accompaniment on a daily basis can lead to personal satisfaction if successful processes are eventually seen. However,

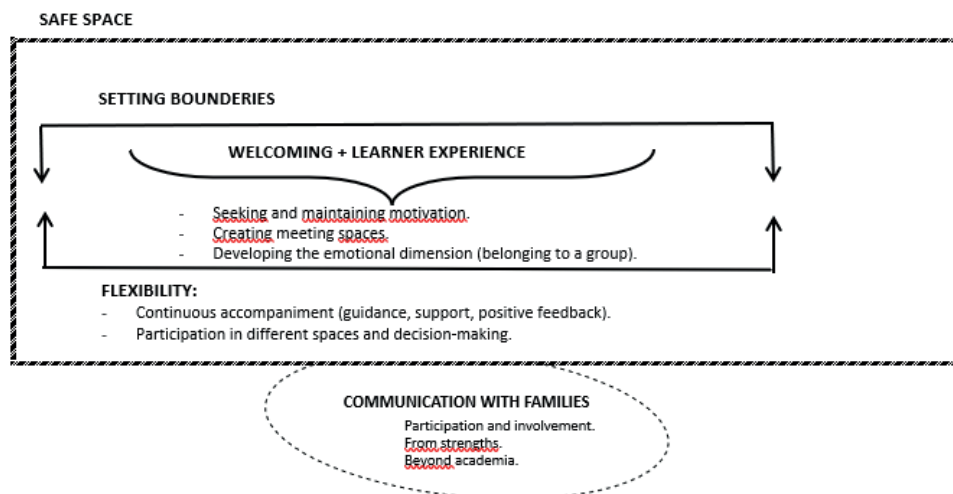
throughout this process, the narratives of the group of educators and the leadership team underline difficulties and problems that directly impact the psycho-emotional well-being of the professionals. Similar findings were reported by Fix et al. (2020), pointing out that teachers' own involvement evokes strong emotions such as satisfaction and pride, but also frustration and doubt, which may trigger burnout, as the sustainability of their performance influences their well-being and emotions. This situation is further aggravated if we take into account the legal and administrative requirements to be hired in this field: some teachers have a high level of technical qualifications, yet are *pedagogical novices* (Gagnon & Dubeau, 2023), i.e., they lack specific training in socio-psycho-pedagogical areas, which could leave them unprepared to meet the needs of Basic VET students, resulting in a more frustrating and adverse situation for these professionals.

“A person who doesn't have much drive or isn't very strong mentally..., basically, it depends on the group they are in; I would say that psychologically, they may not be able to stand it much longer in Basic VET.” (FOCUS_P_BIZ2.)

“Teachers and educators have a responsibility that is often not recognised, and many times, we aren't even aware of it.” (D1.)

The set of strategies analysed so far gives a glimpse of a safe environment, characterised by a combination of a welcoming approach, flexibility, and boundaries (Figure II). Such an environment allows students to reintegrate into their educational pathway, leaving behind the negative experiences and obstacles they had previously encountered.

FIGURE II. Socio-Educational Strategies to Promote Safe Educational Spaces



Source: Compiled by the authors

Voluntary identification with the group and the environment leads to assuming responsibilities (Fonseca et al., 2023). Previous studies show how the active participation of students positively influences learning processes and academic success, acting as a protective factor against early school leaving. In turn, this type of support is reminiscent of an intervention based on the capabilities approach (Sen, 2000): one that is centred on agency, by acting or exerting influence and power in a given situation; centred on competence, by developing new skills and being appreciated for the talent one has or has acquired; and centred on belonging, by developing meaningful relationships with peers and teachers, giving them an active role in the school.

“That you don’t give up so easily, and that you can do it. I mean, sometimes you think you can’t do it, don’t you? And if you give up and say, ‘I can’t do this anymore, I’m not capable of doing this.’ All the teachers say, ‘I know you’re capable’, and they give you a little pep talk.” (AL_GIP1.)

The educational teams are aware that their intervention in the centre will be more successful if they get the external environment involved, generating a butterfly effect by setting in motion mechanisms that, with the

proper support, start to fit together. Thus, communication with families is another fundamental strategy in the socio-educational process (Figure II), aimed at improving interactions and coexistence (Sureda-García et al., 2021). The families and the group of students value the ongoing contact positively, without perceiving any kind of negative judgement or fear when it comes to communication between their educational reference figures.

“Knowing whether that boy or girl has arrived well and whether they’ve been at home, whether they’re evolving... It’s an ongoing dialogue with the families, isn’t it? They tell us, “No other centre calls us so often.” (D2.)

What makes this communication successful is the approach taken to foster it. Family members feel that they are not only listened to but also actively sought out and invited to join in, to get involved and take part in the process. This type of listening goes beyond academic situations and also addresses the family’s own needs (sometimes explicitly, other times implicitly) through guidance sessions (face-to-face or by telephone) or referrals.

“They don’t just focus on how we are at school (...) they also talk about if you have problems with your family, and if needed, they get the family together; in other words, they act as psychologists as well as teachers and classmates. I mean, they make you feel good.” (AL_GIP2)

Moreover, the relationship is established from the point of view of strengths rather than from a perspective centred on “deficit”. This seems to be what makes the difference. According to the testimonies, prior to entering Basic VET, most of the families experienced a profound sense of hopelessness because of their children’s behaviour, the messages received from the educational figures, and their own feelings of inadequacy and guilt as parents. But they were surprised to find another profile among the teaching staff at Basic VET, who invited them to become involved in a socio-educational process based on respect and on communicating positive feedback, both about their children and about themselves. In essence, this approach to family education allows families to rebuild their self-concept and to re-conceptualise their role as educational agents in collaboration with the centre. They begin to change the image they have of their children, leading to a more amicable way of relating to each other. Their sons and daughters perceive this shift, and the Pygmalion effect is redirected towards a focus on goals and achievements.

“Maybe it’s me who isn’t bringing him up properly, so if there’s a mistake on my part, I want them to tell me and I’ll correct it. If the mistake lies with him, then tell him, and between the two of us, we can try to solve the problem (...) So yes, changing the centre has helped us.” (FA_ARA2.)
“I often felt very scared when I was at secondary school because my mother used to say to me, ‘They called me from your school’ and I always expected something bad because it was always like that. Your son has done this and so on, and so I was always afraid. Here my mother says, ‘They called me from school’, I get home and it’s something nice. And you say ‘wow’ and it gives you a rush. You feel prouder, and even more motivated to work and to continue like that.” (AL_GIP2.)

Conclusions

This article has identified the benefits derived from the student experience in Basic VET and analysed the socio-educational strategies that make such benefits possible. The findings demonstrate how Basic VET centres can be structured around concrete practices, with adults playing a fundamental role in creating environments where students and their families feel protected and welcomed. This is especially crucial for those students in the Spanish education system who experience high levels of school failure and, in some cases, behavioural problems (Hernangómez & García, 2023). These centres appear to be more than merely instruments for obtaining the basic skills needed to enter the labour market; they also serve as spaces for coexistence and education, in its broadest sense, where students have the chance to redefine their educational experience, becoming a person with a better self-concept and full capacities for inclusion and comprehensive development within society.

These are spaces for coexistence where teachers who are actively involved support students and have an impact on their socio-educational competences. This path is also shared with the families, making them accomplices in the socio-educational process, offering them an image of their children that

differs from the one given at school, as well as insights and spaces to relearn how to interact with them. It is about teachers who constantly question their practice, who *rethink* established ideas, and seek refuge in pedagogies of *care* and *hope*, promoting dignity and humanity. Such a reality can only happen when teachers embrace a different disposition in the way they look at *the other*. These teachers do not regard the group of students as *nobodies*; they do not adopt a position in the relationship of *I speak TO the learner*, but they *see them, find them, are present, speak WITH them*. From there, they *rebuild*. And despite the challenges they may face in the process (especially of an emotional nature), they remain steadfast in favour of justice, freedom, and the right to be. We believe that it is only in this way that schools can *embrace* the legacy of being a potentially influential figure in the life trajectories of individuals. This leads to a very interesting debate on citizenship and education, especially because the reflections are informed by an analysis and comparison with reality (Fonseca et al., 2023).

In light of the fact that teachers should be trained in pedagogical strategies that accompany students in the socio-educational process, a greater emphasis needs to be placed on developing inclusive pedagogical skills, beyond the aforementioned mere teaching of content, focusing on teachers' pedagogical practices with students (Miesera & Gebhardt, 2018). In the case of the Basque Country, there are authors (Aramendi & Etxebarria, 2021) who underscore the importance of improved teacher training for professional development in this area, given the demands of the current context of a diverse student body with risk factors; an educational challenge that merits future research. Addressing these issues allows us to create socio-educational intervention models that foster high standards of professional performance and support the emotional well-being of those working in the field. The findings of this research could play a key role in contributing to the training of future education professionals, particularly in the area of Basic VET.

Acknowledgements and funding

This article was carried out within the framework of the R&D&I research project EduRisk focused on best practices with at-risk youth in Basic Vocational Education and Training. Ministry of Science and Innovation – AEI with the reference PROYECTO/AEI/10.13039/501100011033.

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