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| **Chart 1.- Sociodemographic characteristics** | | | | | | |
|  | Total (n=116) | Exposed group  (n=51) | Unexposed group  (n=65) | Contrast test | | p |
| **Age –** Average (Desv. Standard) | 43.96(13.5) | 42.01 (13.02) | 45.49 (13.7) | t(114)= 1.38 | | .170 |
| **Origin** n (%) |  |  |  |  | |  |
| Cantabria | 60 | 21 (41.2) | 39 (60.0) | X2= 5.1 | | .079 |
| Other regions | 24 | 11 (21.6) | 13 (20.0) |  | |  |
| Outside Spain | 32 | 19 (37.3) | 13 (20.0) |  | |  |
| **Marital status** |  |  |  |  | |  |
| Married | 43 | 6 (11.8) | 37 (56.9) | X2 = 52.9 | | .000 |
| Divorced | 11 | 10 (19.6) | 1 (1.5) |  | |  |
| Separated | 12 | 9 (17.6) | 3 (4.6) |  | |  |
| In legal proceedings regarding divorce | 14 | 14 (27.5) | 0 (0) |  | |  |
| Single | 23 | 8 (15.7) | 15 (23.1) |  | |  |
| Cohabitant | 5 | 0 (0.0) | 5 (7.7) |  | |  |
| Widow | 8 | 4 (7.8) | 4 (6.2) |  | |  |
| **Educational level** |  |  |  |  | |  |
| No schooling | 12 | 7 (13.7) | 5 (7.7) | X2 = 3.9 | | .558 |
| Primary studies | 46 | 21 (41.2) | 25 (38.5) |  | |  |
| Secondary studies. | 18 | 18 (15.7) | 10 (15.4) |  | |  |
| Professional training | 20 | 20 (17.2) | 13 (20) |  | |  |
| University studies | 11 | 11 (9.5) | 5 (7.7) |  | |  |
| Higher university studies | 9 | 2 (7.8) | 7 (10.8) |  | |  |
| **Employment situation** |  |  |  |  |  | |
| Freelance | 11 | 1 (2) | 10 (15.4) | X2 = 39.1 | .000 | |
| Civil servant | 6 | 2 (3.9) | 4 (6.2) |  |  | |
| Indefinite contract | 14 | 5 (9.8) | 9 (13.8) |  |  | |
| Temporary contract | 10 | 7 (13.7) | 3 (4.6) |  |  | |
| Household employee | 15 | 5 (9.8) | 10 (15.4) |  |  | |
| Unemployment (no subsidy) | 14 | 10 (19.6) | 4 (6.2) |  |  | |
| Unemployment (subsidy) | 6 | 6 (1.8) | 0 (0.0) |  |  | |
| Pensioner | 13 | 3 (5.9) | 10 (15.4) |  |  | |
| Pensioner (Disability) | 2 | 2 (3.9) | 0 (0.0) |  |  | |
| Student | 2 | 1 (2.0) | 1 (1.5) |  |  | |
| Housekeeper | 19 | 5 (9.8) | 14 (21.5) |  |  | |
| **Number of dependent children** |  |  |  |  |  | |
| 0 | 55 | 18 (35.3) | 37 (56.9) | X2 = 7.7 | .050 | |
| 1 | 34 | 21 (41.2) | 13 (20) |  |  | |
| 2 | 22 | 9 (17.6) | 13 (20) |  |  | |
| 3 or more | 5 | 3 (5.9) | 2 (3.1) |  |  | |
| **Psychotherapeutic intervention** |  |  |  |  |  | |
| Yes | 58 | 41 (80.4) | 17(26.2) | X2 = 31.5 | .000 | |
| No | 58 | 10 (19.6) | 48 (73.8) |  |  | |
| X2: chi-square test; t: Student's t-test. (mean difference); p: probability value | | | | | | |

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| **Chart 2. Statistical descriptions of CERQ ítems** | | | | | | | | | |
| Item | Subscales | 1 | 2 | 3 | 4 | 5 | Average | DE | Alpha  Subscales |
| 1 | Blaming themselves | 36.2 | 39.7 | 4.3 | 12.9 | 6.9 | 2.14 | 1.23 | .81 |
| 2 | 41.4 | 36.2 | 13.8 | 3.4 | 5.2 | 1.94 | 1.07 |
| 3 | Acceptance | 12.9 | 32.8 | 10.3 | 18.1 | 25.9 | 3.11 | 1.43 | .91 |
| 4 | 9.5 | 25.0 | 16.4 | 21.6 | 27.6 | 3.32 | 1.36 |
| 5 | Rumination | 0.9 | 26.7 | 11.2 | 31.0 | 30.2 | 3.62 | 1.19 | .79 |
| 6 | 12.9 | 25.0 | 14.7 | 20.7 | 26.7 | 3.23 | 1.41 |
| 7 | Focus on the positive side | 14.7 | 26.7 | 19.0 | 20.7 | 19.0 | 3.02 | 1.35 | .82 |
| 8 | 20.7 | 35.3 | 13.8 | 17.2 | 12.9 | 2.66 | 1.33 |
| 9 | Concentration on a plan | 12.9 | 16.4 | 14.7 | 25.0 | 31.0 | 3.44 | 1.41 | .81 |
| 10 | 6.0 | 23.3 | 15.5 | 27.6 | 27.6 | 3.47 | 1.28 |
| 11 | Positive appreciation | 6.9 | 14.7 | 12.1 | 23.3 | 43.1 | 3.81 | 1.31 | .81 |
| 12 | 7.8 | 12.1 | 8.6 | 27.6 | 44.0 | 3.87 | 1.30 |
| 13 | Adopting perspective | 26.7 | 31.9 | 11.2 | 19.0 | 11.2 | 2.56 | 1.35 | .79 |
| 14 | 12.9 | 26.7 | 17.2 | 17.2 | 25.9 | 3.16 | 1.40 |
| 15 | Catastrophizing | 24.1 | 25.0 | 10.3 | 16.4 | 24.1 | 2.91 | 1.53 | .95 |
| 16 | 22.4 | 28.4 | 10.3 | 19.0 | 19.8 | 2.85 | 1.47 |
| 17 | Blaming others | 37.1 | 32.8 | 3.4 | 9.5 | 17.2 | 2.37 | 1.48 | .93 |
| 18 | 37.1 | 31.9 | 3.4 | 12.1 | 15.5 | 2.37 | 1.47 |
| Total | |  |  |  |  |  | 2.99 | 0.60 |  |
| DE: Desviación Estándar | | | | | | | | |  |

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| **Chart 3. Emotional regulation subescales (CERQ) in battered women (GBW) or non-battered women (GNBW) (Comparison of averages and effect size)** | | | | | | | | |
|  | GNBW (n= 65) | | GBW (n=51) | | Contrast test | | | *d* Cohen |
| Ítem | Average | D.E. | Average | D.E. | *T* | g.l. | p |
| Blaming themselves | 2.06 | .90 | 2.01 | 1.24 | .24 | 88.2 | .811 | .05 |
| Rumination | 3.20 | 1.14 | 3.72 | 1.18 | -2.40 | 114 | .18 | .45 |
| Catastrophizing | 2.50 | 1.32 | 3.36 | 1.51 | -3.19 | 100.2 | .002 | .61 |
| Blaming others | 1.80 | .94 | 3.09 | 1.62 | -5.00 | 75.4 | .000 | .97 |
| Acceptance | 2.97 | 1.15 | 3.53 | 1.50 | -2.16 | 91.4 | .033 | .42 |
| Focus on the positive side | 2.92 | 1.22 | 2.74 | 1.25 | .76 | 114 | .444 | .14 |
| Positive appreciation | 3.77 | 1.24 | 3.93 | 1.15 | -.68 | 114 | .495 | .13 |
| Concentration on a plan | 3.41 | 1.15 | 3.51 | 1.34 | -.45 | 114 | .654 | .08 |
| Adopting perspective | 3.27 | 1.13 | 2.34 | 1.23 | 4.20 | 114 | .000 | .79 |