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| **Penitentiary grade in the insertion itinerary** | **Areas of action** | **General objectives** | **Contents-actions** | **Methodologies** | **Timing** | **Evaluation** |
| Third gradeEx addicts | Education for health and drugs  | To participate in a selective program of change that they are in.  | Identification of risk situations.Identification of potentialsPrevention of relapses: Training in coping skills.Cognitive restructuring and rebalancing lifestyle. | Dealing with relapse signals and referral to outpatient services in the context. | 1 session with families or external networks for training in relapse prevention.  | Grade of participation of the external networks and the families.Duration of the abstinence.  |

Table # 2: PROSO MD- EX ADDICTS

Source: Self elaboration

Table # 1: Types of programs where there is mainstreaming in relation to drug addiction

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| --- | --- | --- | --- | --- |
| **WELCOMING PROGRAMS AND MOTIVATION** | **PROGRAMS OF EDUCATIONAL AND RECREATIVE CHARACTER** | **SOCIO-CULTURAL PROGRAMS** | **SPORT ACTIVITIES PROGRAMS** | **PROGRAMS FOR THE PREPARATION OF LIFE IN FREEDOM**  |
| Evaluation of sanitary and pharmacological interventions that are valued as a priority from the individualized treatment programs.Interview with specific information about the various intervention programs, the requirements for access to them, the person in charge to turn to, etc.Incorporation into the various programs. | Programs of educational and recreational character offer alternatives for occupation of free time and improving personal skills.Orientation to the board of treatment and GAD professionals, when establishing individualized models of intervention or treatment, the cultural and sport needs of the inmate and the offer of the center should be taken into account, developing from there the cultural and sport programs. | Cultural Creation: artistic expression workshops (painting, ceramics, photography, crafts, binding) and communication (radio, video, theater, music, etc.Cultural Diffusion: which aims to exchange experiences with community, musical performances, exhibitions, theater samples, etc.Training and Motivation: include those activities and courses that help assess and enhance positive attitudes toward themselves and toward the rest of the social group. Excel activities like reading promotion, participation in competitions and contests and specific programs. | Physical activity of recreational character: each intern should have the option to develop their sporting interests within the framework of personal recreation choice.Physical activity aimed at the competition: the official competition (federated) will be encouraged, besides organizing internal championships and inter-center competitions.Training and sport motivation: it is intended to implement sports education by creating sports schools. The field trips programmed, both cultural and of a sport kind play a fundamental role.Each center has its own offer of activities which sometimes are carried out in collaboration with NGOs, public and private entities. | Contact is made with all those inmates who are doing treatment programs contained in the GAD Commission, and those who are expected to come out in freedom within nine months to a year.From there, a series of individual interviews begin, where expectations, projects and resources, personal and social, that the inmate counts on are analyzed, and a common agreement itinerary of insertion is designed.Upon completion of the diversity of requirements, the workshop is organized, where all participants will work in groups on common contents (usually continuity of the treatment in external resources, family relationships, job search and/or training, social skills, formation, etc.) and on an individual level, all that because of its nature has no place in another space. |

Source: Compiled from IPP (2013)

**Graphic #1: Consumption profile of the women prisoners**

**Source: Compiled from the questionnaires applied to women**

**Graphic #: 2. Treatment for stopping or controlling drug**

**Source: Compiled from the questionnaires applied to women**